



## Support Services in Mecklenburg County

### Emotional Counseling

All of the clinics listed below provide one on one counseling services for individuals and families. They will also provide referrals to more traditional therapy and psychiatric services based upon need or request. Appointments are usually available within one week. **United Family Services (United Way Agency)** 301 S. Brevard Street, Charlotte, NC 28202 (704) 332-9034 Ask for Intake Counselor **Lutheran Counseling Center** 4108 Park Road, Suite 212, Charlotte, NC 28209 (704) 529-1753 **Methodist Counseling Center** 1801 East 5<sup>th</sup> Street, Charlotte, NC 28204-2472 (704) 375-5354 **Presbyterian Samaritan Counseling Center** 5203 Sharon Road, Charlotte, NC 28210 (704) 554-9900 **Emergency and Referral Counseling Services Mecklenburg County, Health, Mental Health, and Community Services Area Mental Health Crisis Line:** (704) 358-2700 Carolinas Medical Group's Behavioral Health Center Emergency Room provides a telephone service when an individual feels extremely desperate. This telephone number should only be used when you need one-on-one assistance and cannot wait for an appointment

### Financial, Credit and Legal Counseling

**United Family Services Consumer Credit Counseling** 301 S. Brevard Street, Charlotte, NC 28202 (704) 332-9034 Both telephone and office counseling are available based on the specific issue that needs to be addressed. **Family Housing Services (City of Charlotte)** Alexander Street Center, 910 North Alexander, Charlotte, NC (704) 336-8036 **Legal Services for the Southern Piedmont** 1431 Elizabeth Avenue, Charlotte, NC 28204 (704) 376-1600 Agency provides assistance with foreclosure, bankruptcy and unemployment insurance claim issues. Candidates have to pass a means test to qualify for their free services based on current income. They will refer candidates who do not meet their guidelines to other legal service organizations.

### Referral Services

**Information & Referral Services (United Way Agency)** 301 S. Brevard Street, Charlotte, NC 28202 (704) 377-1100 This agency provides names, addresses and telephone numbers for all issue specific agencies and advocacy groups in the Mecklenburg area. **Career Counseling and Job Hunter Support Groups**

**Central Piedmont Community College** CPCC Career Services (704) 330-6551 [www.Cpcc.nc.us/Career](http://www.Cpcc.nc.us/Career) Center Phil Adams (704) 330-6478 CPCC has a Career Center to assist students and the public in the job-hunting process. **Job Seeking Skills Class** Job skills course emphasizing self-assessment, resume writing, interviewing, and job search/networking skills. (No cost if unemployed or informed of pending layoff)

### **Career Transition Workshop**

Assists individuals with identification of values, skills and personality type in an attempt to match them with suitable career options. (704) 330-4693

### **Small Business Center**

2201 Water Ridge Parkway, Suite 100, Charlotte, NC (704) 330-4651 The Small Business Center provides a variety of services to individuals interested in starting their own business **Charlotte Mecklenburg Public Library – Career Center** 310 North Tryon, Charlotte, NC 28202 The Career Center at the library on the 2<sup>nd</sup>

**JobLinks Career Centers** 5125-A South Boulevard, Charlotte, NC (704) 527-3195 500 West Trade Street, Charlotte, NC (704) 342-6131 Ext. 320 Provides information on jobs, education, training and the labor market. Contact them if you need help defining and achieving your career goals.

**Job Fair for Mature Workers** Charlotte/Mecklenburg Senior Centers Mary Williams-Davis (704) 817-5466

### **The Job Hunters Support Group St. John's Episcopal Church**

1623 Carmel Road, Charlotte, NC 28226 (704) 366-3034 This group provides a positive environment in which professionals in the job market can network with each other to offer and gain support in their individual job searches and benefit from education and guidance through presentations from outside speakers. Meetings are held at 7:00 pmevery Tuesday. The Group Director is Carey McNeilly, (704) 366-5590.

### **Job Hunters Support Group Matthews United Methodist Church**

801 South Trade Street, Matthews, NC 28105 (704) 847-6261 The church sponsors a Job Hunters Support Group that meets every Monday night at the church from 7:00 to 9:00 pm. They provide speakers on job-hunting topics, networking, and assistance with resumes. Contact Brenda Haughney at (704) 849-8387.

**Christians in Career Transition St. Matthews Catholic Church** 8015 Ballantyne Commons Parkway, Charlotte, NC 28277 (704) 576-0456 St. Matthews offers a program on Monday nights from 7:00 to 9:00 p.m. under the direction of Deacon Jim Hamrlik. Meetings are devoted to exchanging job leads and emotional support. Workshops are held on certain Saturdays regarding resume writing and interviewing. The group maintains a database of 450 members of the church who have agreed to provide networking assistance at their employers for current job hunters in the program. Room

132 – Life Center **Career Transition Group Providence United Methodist Church** Sharon Amity Lane and Providence Road, Charlotte, NC (704) 366-2823 Meets Mondays 11:00 am – 12:00 pm Bill Crigger (704) 849-2500 **Christ Covenant Church** 800 Fullwood Lane, Matthews, NC 28105 Jerry Dereck (704) 846-0262 **Carmel Baptist Church** 1145 Pineville-Matthews Rd, Matthews, NC 28105 Pressley Smith (704) 807-7030 **Church At Charlotte Employment Network** 2500 Carmel Road, Charlotte, NC Meets 1<sup>st</sup> and 3<sup>rd</sup> Mondays at 7:00 pm. Doug Forest (704) 372-4701 or Rod Jones (704) 641-7842

**Careers In Transition St. Philip Neri Catholic Church** Fort Mill, SC Meets 2<sup>nd</sup> and 4<sup>th</sup> Mondays. Tony Armeni (803) 802-0614

**State of North Carolina, Division of Vocational Rehabilitation Services** 401 South Independence Boulevard, Suite 730, Charlotte, NC 28204 (704) 342-6218 State organization assisting in rehabilitation and job placement of individuals with all types of impairments, mental or physical. It is a federal assistance program that is administered by the state. **State of North Carolina Employment Security Commission** 500 West Trade Street, Charlotte, NC 28202 (704) 342-6131 In addition to unemployment compensation claims, the Commission also supplies a Job Bank of current available positions, and a support group. Pronet, meets every Thursday morning from 9:00 to 11:00 am. Contact Jack Stolley at extension 213 for further information **New Choices Strategies for Success (Agency of Mecklenburg County)** Deborah Guilbault, Transitional Employment Coordinator (704) 336-4309 Harold R. Marshall County Services Center, 700 North Tryon Street, Charlotte, NC 28202 The Commission offers a two-week course for displaced homemakers entering the workforce or women moving into Mecklenburg County that teaches self-esteem, resume writing, interviewing, and job search skills. The Commission also maintains its own Job Bank with positions solicited from area employers.