

# Discover and Live Your Strengths!

## Introduction to Living Your Strengths

Join us for a short introduction to Living Your Strengths:

Wed. March 10, 2010 (1:00 or 7:30 pm)

For registration and questions, contact Rosemary Keeley at 704-399-0672 or email [rosemary\\_keeley@att.net](mailto:rosemary_keeley@att.net).

**The Living Your Strengths Series** will help you answer important questions:

- What are my God-given talents?
- Can I recognize the God-given talents of others?
- Can I apply this knowledge in my parish, personal and professional life?

Living Your Strengths is both a book and a process. The process begins with an on-line questionnaire - the result of the Gallup Organization research with over 2 million people. The questionnaire takes only 30 minutes. **Please register at least one week prior to start up date in order to purchase your book and complete the on-line survey.** By taking the survey, you obtain a list of your top 5 strengths and can register for a 4-week exploration of your strengths and ways God wants you to use them in your life. For the book/survey or for the series registration, contact Rosemary Keeley, ministry coordinator ([rosemary\\_keeley@att.net](mailto:rosemary_keeley@att.net) or 704-399-0672).

Openings available for:

Tues Mar 2, 9, 16, 23, 2010 (1:00 pm – 2:30 pm. Last session 1:00 pm – 3:00 pm)

Wed Mar 3, 10, 17, 24, 2010 (7:00 pm – 8:30 pm. Last session 7:00 pm – 9:00 pm)

Thurs, Apr 8, 15, 22, 29, 2010 (1:00 pm – 2:30 pm. Last session 1:00 pm – 3:00 pm)

Tues, Apr 6, 13, 20, 27, 2010 (7:00 pm – 8:30 pm. Last session 7:00 pm – 9:00 pm)

Wed., May 5, 12, 19, 26, 2010 (1:30 pm – 3:00 pm. Last session 1:00 pm – 3:00 pm)

Thurs., May 6, 13, 20, 27, 2010 (7:00 pm – 8:30 pm. Last session 7:00 pm – 9:00 pm)

**Navigating Your Strengths** – This learning and meeting experience is designed for all participants who have completed the Living Your Strengths Series and want to discover more about their strengths and how to apply them in their Christian lives. The meetings seek to inspire through sharing of personal testimonies, inform through ministry showcases and build community. Each month's meeting is different and not dependent on prior meetings. For registration, contact Rosemary Keeley, ministry coordinator ([rosemary\\_keeley@att.net](mailto:rosemary_keeley@att.net) or 704-399-0672).

Dates: Monday, April 12 (1:00 – 2:00 pm); Wed., April 14, 2010 (7:00 pm – 8:00 pm)  
Tuesday, June 8 (7:00 pm – 8:00 pm); Thurs., June 10, 2010 (1:00 – 2:00 pm)

**Living Your Strengths Facilitator Training** – This training is designed for participants who have completed the Living Your Strengths Series and wish to facilitate this series with small groups in the parish. The three hour training will introduce participants to the training materials and provide practice with facilitation skills. It will be followed by these individuals working with a current facilitator for a series before facilitating a series on their own. For registration, contact Rosemary Keeley, ministry coordinator ([rosemary\\_keeley@att.net](mailto:rosemary_keeley@att.net) or 704-399-0672).

Date: March, 2010 (date and time to be determined)