

Parish Mission, “Responding to God—Person to Person” February 21-23, 7-8pm (Feb. 22, 9:30-10:30 for those unable to attend in the evening.)

Lenten Penance Service will be held Tuesday, February 22, during our Parish Mission.

Beginning Sunday, February 21, the current 12:30pm bi-lingual Mass will permanently change to 1:00pm.

Sunday, March 14, 3:00pm Mass of Anointing of the Sick (Anointing available for those with any type of malady.)

LENT/HOLY WEEK INFORMATION*

Confessions Monday through Friday following the 7:00am & 9:00am Masses
Wednesdays during Lent 7-8pm (*following the 6pm Mass*)
Saturdays 3:00-4:45pm (Sat., Feb. 20 & Sat., Feb. 27: **2:00**-4:45pm)
Tuesday, Feb. 22, during Parish Mission

Ash Wednesday

Ashes distributed during Mass at 7:00am, 9:00am, 12:00pm and 7:00pm

Wednesdays during Lent,

Beginning Wednesday, Feb. 24, **Mass** celebrated at 6:00pm followed by **Confession** from 7-8pm

Stations of the Cross (*meals provided Fridays 6-7pm/no charge; Fish Frys, 2/26 & 3/26/tickets req*)
Fridays at 12:00pm and 7:00pm (English) 8:00pm (Spanish) In the Church
“Living Stations” on March 19 in the Parish Hall

Palm Sunday

Masses, as usual: 5:00pm (Saturday vigil); Sunday 7:30am, 9:00am, 11:00am
1:00pm (bi-lingual) and 5:00pm (Lifeteen)

Holy Week

Holy Thursday	Mass of the Lord’s Supper	7:00pm
	Adoration of the Eucharist	8:00pm - 12:00am (Chapel)
Good Friday	Passion of Our Lord	3:00pm
	Tenebrae Service**	7:30pm
Holy Saturday	Blessing of Easter Food	3:00pm (Church)
	Easter Vigil Mass	8:30pm
	<i>(no morning Mass, no 5:00pm Mass, no Confessions)</i>	
Easter Sunday	7:30am, 9:00am, 11:00am and 1:00pm (bi-lingual)	
	No 5:00pm Mass	

*Guidelines on reverse side

**Understanding Tenebrae on reverse side



Tenebrae: Service of Darkness

April 2, 2010 7:30 pm

Tenebrae is a ceremony that has been held since before the Middle Ages! We have celebrated this beautiful service here at St. Mark since 2002. The Tenebrae service includes readings from the Lord's Passion, plus hymns and choir anthems. This year our music includes *Were You There?*, *O Sacred Head Surrounded*, *Via Dolorosa* and a few new anthems sung by our Choir. After each section the Church becomes darker by extinguishing candles and the lights until we signify the burial of Jesus when we symbolically close the "tomb" in darkness.

*** (The Church does get dark, readings are of the Passion, and a quiet atmosphere is to be maintained-- so parents may need to be mindful if it is appropriate for their young children.)

GUIDELINES OF FAST AND ABSTINENCE FOR ASH WEDNESDAY, LENT & GOOD FRIDAY

The rules of fasting and abstinence should be observed by all Catholics ages 14 and older. Ash Wednesday and Good Friday are days of fasting **and** abstinence.

Abstinence refers to the rule of not eating meat. This is observed on Fridays in Lent, as well. As Catholics we are preparing ourselves by these disciplines in anticipation of the renewal of our Baptismal commitment on Easter.

Fasting is observed by being bound to take only one small meal. Two smaller meals are permitted, as necessary, to maintain strength according to one's needs, but eating solid foods between meals is not permitted.

Failure to observe the penitential days at all must be considered serious.

From its earliest days, the Church has urged the Baptized and the Catechumens to observe the threefold discipline of fasting/abstinence, almsgiving and prayer as a preparation for the celebration of Easter. During Lent the Church encourages attendance at daily Mass, self-imposed times of fasting, as well, and generosity to local, national and worldwide programs of sharing (almsgiving).